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GOOD MORNING – Bobby Schuller (BS) and Hannah Schuller (HS)

BS: This is the day the Lord has made. We will rejoice and be glad in it. Good morning.

HS: And hello visitors and church family. We are so happy that you're here. You know, God will never, ever give up on you. You matter too much to Him and you matter to us. You are loved.

BS: We're so grateful that you're with us wherever you are, and we're praying that today is a day where you really feel sort of refilled. Whenever we're even doing good work for the Lord, it's easy to feel exhausted, and so an important part of the Sabbath rhythm is sort of refilling the tank by spending time with the Lord. Of course everything we're doing here is for the Lord, it's for Jesus and my hope is that this morning, we're encouraged as we lift Him up. So Father, we come and gather in your name, and we ask that your name would be lifted up. We pray, God that as we lay our lives down for you, you would lift up us, Lord, and give us the strength we need to carry on into a victorious life. We pray it all in Jesus' name, amen.

HS: Amen.

HAVEN: Turn to the person next to you and say God loves you and so do I.

SCRIPTURE – Mark 11:22-25 – Hannah Schuller

You may be seated. In preparation for the message, Mark 11:22:

Have faith in God, Jesus answered. Truly I tell you if anyone says to this mountain go, throw yourself into the sea, and does not doubt in their heart but believes that what they say will happen, it will be done for them. Therefore, I tell you whatever you ask for in prayer, believe that you have received it and it will be yours. And when you stand praying, if you hold anything against anyone, forgive them so that your Father in heaven may forgive you your sins. Church, your words are powerful. Amen.

INTERVIEW – Danny (DA) & Kristin Adams (KA) and Bobby Schuller (BS)

Danny and Kristin Adams are content creators, public speakers, and authors who spent 15 years working in the entertainment industry in Los Angeles. In 2016, God called them to leave L.A. and move to Indianapolis, Indiana, where they began creating family-friendly content and hosting marriage events. Their new book, *The Road to Love and Laughter: Navigating the Twists and Turns of Life Together*, showcases their love story and how they learned that laughter truly is the best medicine.

BS: Hi guys, welcome!

KA: Hey!

BS: Danny and Kristin, so nice to meet you both. For those who are not familiar with your content, tell us a little bit about your story and what you guys do.

KA: Well first of all, it is the first time to see our book trailer and things played in a church service live, so thank you for that experience.

BS: Awesome. Yes, you're welcome.

KA: So we met in LA. We were both in the entertainment industry. I was a television host, Danny did various things in acting and stunt stuff for sports commercials and films, but we always knew that one day God was going to call us to combine our efforts and do things in His name. And so Danny got the crazy idea a few years ago that we should move to Indiana. He actually told me that God called him to move to Indiana, and I said did He tell you to take me with you? Because we had never talked about leaving California and raising our kids in Indiana.

DA: Five years ago, we moved from the beautiful palm trees of California to the glorious corn fields of Indiana. And here we are.

Say to this Mountain: 'Move!'

KA: And so the mandate was to make family friendly content where God is always welcome, and we started posting these lip sync videos, and a bunch of folks liked them and shared them, and it led us to where we are now.

BS: That's awesome. So you're continuing to make this content. That's amazing thing about the way the entertainment industry is. I mean we're here in Southern California in the greater Los Angeles area, and you kind of get this elitist feeling sometimes, like well you have to be here to make an impact, but the truth is, I mean like Georgia is really growing a lot now for films, and a lot of people are going to different places like Texas and Indiana because a lot of the boundaries that used to be there are not there anymore. Like anybody can whip out their cell phone and shoot whatever they want and put it out there, and if its good enough, it's going to make the rounds. The hardest thing I would think at making something funny sometimes would be making it family friendly. Is that a challenge for you to be funny and family friendly?

KA: Yeah..

DA: Yeah..

BS: I mean I'm funny and family friendly, I feel like, maybe. Maybe not.

KA: You're funny and family friendly, you do it.

DA: That's right, that's right. And I think now adays the content that's out there, I think you look around and say man, that might be difficult, but that's what Kristin and I grew up on. We grew up on watching content and family programming around with our whole family, and that doesn't exist..

KA: Carol Burnett Show..

DA: ..Carol Burnett Show, I'm an old soul, I grew up with Red Skelton and Dick Van Dyke and Jonathan Winters and all these guys who had a lot of physical comedy, but that was something that the whole family could sit down and enjoy together, and that's just healing. Laughing together as a family. So our heart was that we could produce that type of content where grandkids could watch with their grandparents and everybody in-between.

BS: Well like Jim Gaffigan is probably one of my all-time favorites, and he's super clean.

DA: He's from Indiana, Bobby.

KA: Indiana shout out.

BS: Okay, awesome. So I want to talk about your new book. So one of the things that you do is not just entertainment, but you're also really big on family, on keeping families together, on marriage, and you know I love that, too, because divorce is becoming so common, and a lot of young people, not even young people, middle aged people are worried about getting married and having kids because their parents didn't make it, or their friends didn't make it and they saw all of the gnarly stuff that came out of that. And so you guys have a heart for couples. Tell us a little bit about why that's such a big part of your story.

KA: Well, sometimes what's really hard for you ends up being the burden that you carry for others. We've had a hard time fighting for our marriage. And I feel like a title for the book.. we joked in our book trailer that it can be called the Road to Disaster sometimes instead of the Road to Love and Laughter because marriage is hard, but it's beautiful and it gets better the longer you stay in it and commit it and let that iron sharpens iron thing that God wants to do with your partner happen. But its hard work. Its holy work and its hard work.

And you know we really got the inspiration to do it because we would get all these comments on our videos, like you guys have so much fun together, it just must be a barrel of laughs all the time, and I wish my spouse would dress up in the car and costumes with me and do lip sync videos. My marriage would be great then. And it's like oh my gosh, these people, I hope they really don't think that its super easy for us just because we have a shared interest of entertaining.

DA: Yes.

KA: And even in the right process of writing this book, Bobby, it was really hard. We're counting fights and embarrassing.. getting in fights in front of our kids, on the way to counseling, all these things, wanting to throw in the towel, and it was very healing and revealing for us to write the book.

DA: That's right. And we encourage people that the video was a three-minute video, but there's twenty-three hours and fifty-seven minutes left in the day that we approached life very differently. We may look like two peas in a pod with two wigs on and doing the whole song and dance, but that's not reality. And we understand that as a couple, especially when you're out there representing Christ, that there's going to be opposition, that there's an enemy pressing back on you to dampen your light. And so that's one thing that we really concluded was, you know what, we need to stop fighting with each other and start fighting for each other.

Say to this Mountain: 'Move!'

BS: This is totally anecdotal, but you seem to be around the stage of life where a lot of marriages make or break. When you have young kids, you're full professionals, you have a lot going on, and you have things that you have to do, that can be the season where it can get the hardest sometimes. And yet it's easy to forget that the best lies ahead, very often, as I've seen with a lot of empty nesters and stuff are able to get a lot of the fun back.

One last question from this book. I mean obviously you put love in the book, that seems like obvious, but then the other big word you use was laughter. Why did you use the word laughter in your book?

KA: We think it's a really good vital sign for any healthy relationship. I mean at some point, everybody has a different type of sense of humor, you may not think you're married to the funniest person or anything like that, but I'm assuming at some point either in your dating relationship or your early marriage, you laughed together. It should be fun and joyful and I think..

DA: Or laughed at each other.

KA: ..or laugh at each other, or whatever. Whatever works for you. But I think like the enemy we talked about wants to steal everything, and laughter and our joy is one of them. And you know it's good to be serious about our faith, but we should also be joyfully alive in it at the same time, and so even in the midst of our hard seasons where we have an ample amount of conflict more than we would like, or heated fellowship..

DA: Heated fellowship, yes that's good..

KA: ..heated fellowship is good.

BS: Heated fellowship.

KA: Because we're holy, Bobby. And so even in those seasons, it's like we've got to do things that lighten the load and that connect. Laughter brings people together.

DA: That's right.

KA: When your audience right there, when you're sharing a laugh together..

DA: Yes.

KA: ..it's a social bond, it's a human connection, it's a personal bond and it's really good for marriages to guard that.

DA: That's right. And that's our motto, Bobby, is Proverbs 17:22, "a married heart does good like medicine, but a broken spirit dries the bones."

KA: Yes.

BS: Yes.

DA: So we know what that does, so we know we want to counter that broken spirit with laughter.

KA: Laughter, laughter.

BS: Yes, it's like every couple that's married, there was a time; like no matter how bad it is right now, there was a time that you loved each other enough, that you at least went on a date, or you at least got married, and you loved being around each other enough that you're like yes, I could see myself with this person forever. And I always feel like that's reclaimable. Like deep down inside we're all kind of the same people that we were, and I really feel like you, because you've been through it, there's a lot of.. actually there's a lot of young couples right now that are doing marriage books and they're kind of.. it's almost too young to do it, or like they seem like they haven't.. you kind of like.. you don't even have kids, and not that that's.. that sounds horrible, but there is something about having kids or going through trauma over time that puts so many stressors. It's already hard enough when you don't have those things in your life, and so I just love your approach to this and that you want to bring people back to laughing again. I want to encourage you, if you're at home and even if your marriage is great, but I really want to encourage you. It's kind of like a good relationship is like hygiene; you got to always work on it. And the book is called The Road to Love and Laughter. I want to encourage you to get this book, work on it, even if you're thinking of getting married, it's a great way to have a good healthy perspective of a healthy relationship and marriage.

Guys, thank you so much for joining us today! We appreciate you! Danny and Kristin Adams.

KA: Thank you, lots of love.

DA: Thanks for having us, Bobby.

DECLARATION – Bobby Schuller

BS: Hold your hands out like this as a way of receiving, and we're going to say this together: I'm not what I do. I'm not what I have. I'm not what people say about me. I am the beloved of God. Its who I am. No one can take it from me. I don't have to worry, I don't have to hurry, I can trust my friend Jesus and share His love with the world. Thanks you can be seated.

MESSAGE – Bobby Schuller "Say to this Mountain: 'Move!'"

We're going to spend the next month talking about training our speech, as strange as that sounds, we're going to talk about the power of words, how words move mountains and light forests on fire, how words ruin lives and save lives, and how as a disciple we learn that our marriages, our parenting, our friendships, our work, so much of it revolves around the kind of words that we're saying. And today we'll begin with Moses. Moses, of course, one of the most important figures in the Bible. His life is broken up into three forty-year sections. Many of us, if we, especially if you like Charlton Heston, know the whole thing. But Moses leads an amazing life. Towards the end of his life in the book of Numbers, as the stiff-necked people that he's leading out of slavery are drawing closer to the Promised Land, there's so many cases in which they try to take over Moses' leadership seat or try to kill Moses or exile him, and you see this frustration he has with these people, miracle after miracle, and they just never seem to trust Moses. And so, there's this one scene finally, they're thirsty and God tells Moses hit the rock with your staff and water will come out. And so, he does so and this water comes out of this rock. It's a great miracle. Everybody drinks from the fresh water and their livestock drinks from the water. Many of us already know this old story. But then there's a second rock story that ends up being punitive for Moses. It's the reason he can't go into the Promised Land. Later in the story, they're thirsty again, and God says to Moses speak to the rock. So last time He says hit the rock, this time I want you to speak to the rock and water will come out. And what does Moses do? He hits the rock twice, actually. The first time he hits the rock and you kind of wonder, God said speak to the rock, but he hits the rock, and nothing comes out. And then he hits the rock a second time, and actually, according to God's grace, water comes out and the livestock is fed, and everybody drinks from it, but this is the straw that breaks the camels back. This is the too far for God where God finally says to Moses, you can't enter the Promised Land. And you wonder what is the big deal that because Moses struck the rock instead of speaking to the rock, why would that be such a huge deal that God says you have to die never entering the Promised Land, you can only look over it. You're never going to go in. And actually, this is a favorite question that rabbis have loved to talk about and debate. There's lots of old writings on this that go on pages and pages. But my favorite in one of the most broadly accepted is this: God was teaching, not only Moses but the Hebrew people, the power of speaking. That yes, you can strike a rock and water will come out, but you can also speak to a rock and water will come out, and that's something that an ancient people in the bronze age don't always understand. God wanted the people of the Promised Land to be a people who understood that the power of words is greater than the power of sticks. A people that understood that in fact words are the things that made sticks and that behind every great force is a great idea, and to articulate a great idea, you need some words. Sticks were made with words! And in fact, before it was even written in the New Testament, many great philosophers talked a great deal about the power of the word in the advent or creation of everything that's natural and ordinary in life. And the word that they often use is a word logos. Now I know a hundred percent I just made Irene cringe. Irene, who speaks Greek, would say its logos. Logos. But in the Koine, in the ancient Greek is logos. They probably said it a different way, I don't really know, Irene. Logos or logos, whatever you want to say. It's the word for word. There are different words for word in Greeks, but logos, logos, is a big one. In the classical era, Heraclitus and others talked about how they believed that it was the basis of all knowledge, the word, that written word or spoken word. And in fact, any time we talk about the science of something, or the knowledge of something, or the study of something, what do you do? You always add "ology" to the end of it, right? Logos, you add bio logos is the word of life. Bio-logos. Biology. And I can do that all day, couldn't I. So underneath the science of everything is this idea of logos and the stoics actually and others for a long time said it seems like under everything that exists and that we can see and touch, there's a logos, there's an idea, a creator, a maker, a speaker or a thinker. Logos says this idea of reason, ration, its more than just a word, it's almost like we would think today in the modern era, coding for software, that underneath all of the things that you see on your computer screen are a bunch of words, a bunch of coding that makes something real, but underneath it is all this gibberish you don't understand. It's obvious, isn't it, that there's something special about words, and in fact when you live in a natural world and you have a lot of life around animals, it's one of the main things you notice that makes us different than animals. Even animals wear clothes, right? But the one thing they don't do.. they do all the things we do; they go to the bathroom, and they eat, and they mate and they move around and they use tools even, many of them, but the one thing they don't do is they don't use words. And in fact, when you begin to domesticate an animal, when a wolf goes from being a wild beast that travels in packs.

Say to this Mountain: 'Move!'

That devours and mates constantly, to becoming your pet wolf, it almost becomes more human. And I kind of think it's because it understands your words! Barnaby, sit. I just came up with Barnaby. That's a perfect name for a wolf. When you have an animal and if you begin to speak to the animal and the animal understands what you're saying, it almost feels more alive, like it has a soul in a way that it didn't when it was just an animal. And so, there's something in the ancient world, and we even carry it today, that we say there's something about words that makes something godly, and in fact this is what the Bible even says, is that in the beginning was words, in the beginning was THE word, and the word was with God, and the word WAS God. In Genesis, it says over and over that God said, God said, God said, God said, let it be so, let it be so, and these things began to exist and not just exist but exist with intention and with reason, and even under a microscope, you can see that things do stuff in the same way that software would do stuff according to its code. Scientifically you could observe within physics and biology and other places that things are doing things according to an undergirding code. That there's something guiding it all, and this is not something we've discovered today, it's something that smart people have known for a long time, that there is a word, there's an idea, there's a coding or something that's guiding everything. We all know it. We all know this power of words. That's why we're so superstitious about words. I actually believe in superstition, by the way, did you know that? I think that a lot of the superstitious stuff that has survived today is still around because it has a practical purpose. I can think of a few examples, but I mean there's a reason why its bad luck to walk under a ladder. Because more than one painter has broken his jaw falling off a ladder from some dummy that walked under it, right? Or there's a reason why its bad luck to open an umbrella inside because more than one Parisian shop keeper has slipped on droplets of water on his new tile floor. So, these superstitions that emerge, some of them are ridiculous, but I kind of have a feeling that the superstitions that don't do anything go away, but the superstitions that have sort of a practical reason kind of seem to stick around. And we have this with words. If I am with my friends watching a Dodger game and they are Dodger fans, and it is the 7th inning and Clayton Kershaw is pitching a no hitter, and I say "oh, Clayton Kershaw is pitting a no hitter," every single guy in that room will look at me like I have to leave. I have to leave right now and by the way; you never get to come back, and we will not forgive you. Because there's a superstition that if I, Bobby Schuller, am in Costa Mesa watching on television a hundred miles away from Clayton Kershaw, who can't hear me, but I happen to say that he's hitting a no hitter, something in the universe will happen that will cause Clayton Kershaw to throw something that becomes a hit, like somehow. In show business, you better not tell someone good luck. What do you say, choir? (CHOIR – break a leg) You say break a leg! Break a leg?! Go break your leg, the worst thing in your body you can probably break, your leg bone. Ouch. Exactly. So anyway, my point is this: all of us, even if you're an atheist, agnostic. You know there was a study that would pay atheists, like full blown atheists \$5 to sign on a contract that they would sell their soul to the devil? And it even says on the bottom of the contract: this a non-binding contract and not real. No atheist would sign; like very small percentage would sign it. Its \$5! If you don't believe in any of this stuff, why not just sign it? Because its terrible luck! Who's going to sign their soul away to Satan for \$5, even if you're an atheist! Not I. Not I. You never know! At that point, you're pretty sure you're an atheist. You're like 99%, you know what I'm saying? So, James is writing to the people in a very Jewish way. James the just, who's the author of the book of James, who is the biological brother of Jesus. He says this. He's a great leader in the church, and by the way, this is a sermon. A lot of people don't know that. A lot of scholars believe this is actually a sermon that was written down, so it's the only.. I think that only epistle in the Bible that was a sermon and wasn't just written down to be sent. He says, "we all stumble in many ways." Listen to this promise. This is still the word of God. "Anyone who is never at fault in what they say is perfect, able to keep their whole body in check." Think about that for a second. That's a pretty bold promise. "When you put bits into the mouths of horses to make them obey us, we can turn the whole animal." So just pause for a second. Everybody I feel like in the word, a lot of times it feels like if you've got all this bad stuff inside of you, you can't help it, but bad stuff is going to come out. Maybe there is some stuff in the scripture that appeals to that, but James is inverting that principle. He's saying even if you got a bunch of bad stuff, wild stuff, inside of your body, like a wild horse, if you put bits in a horse' mouth, then now you can direct your whole life. It's like he inverts it. Like if you can control what you say, that will control your whole body. Think about this for a minute. If that's true, if what I say begins to have an impact on how I feel, what I say has an impact on how I act in life the same way that a bit in a horse' mouth would. Then when I feel embarrassed and declare to everyone, I'm such an idiot, which is something I do sometimes. I'm so stupid. Gosh, I'm so stupid.

Say to this Mountain: 'Move!'

What's that doing for me? Or when I just say oh, man, I am so poor. Or when I say, oh man, gosh, my job is terrible. Or, and I know I harp on this a lot, I am such a sinner. I'm such a sinner. Let me pause there with the sinner thing again, just in case this is your first time in church. I think it's a really hard case to make reading especially Paul's writings to declare as a Christian I'm a sinner. You declare I'm a sinner in your baptism or in your conversion, as you would declaring that you're guilty of something, but it's like a criminal who has been declared not guilty going around saying 'I'm guilty, I'm guilty.' And Paul seems to be teaching the church to declare not that I'm a sinner, but that I'm the righteousness of God in Christ Jesus. Paul never writes to the sinners in the church of Corinth, or to the sinners in the church of Ephesus. He writes to the saints. So, it's not that people are perfect, and even he would say like I'm almost perfect; I think he says that in one time, but even all of that is just rubbish compared to God's grace in my life. Paul is talking about, and not even action, but that you have been made into an entirely new creation. And I believe, and it would be interesting to do a larger study on this, that its more.. I don't get my socks in a twist when Christians say, 'I'm a sinner.' I mean I think we have some liturgies and stuff that had a.. I just don't know if it's helping. I don't know if saying I'm a loser or I'm stupid or I'm a sinner is going to make you smarter, more successful, or less sinful. Humility can, but I think actually declaring I have victory, declaring I'm growing, declaring God's healing me, declaring I'm the righteousness of God in Christ Jesus, declaring that I have been saved, declaring that I've been rescued, declaring that the best days are ahead of me, I think that helps. I think that makes a difference. Just chew on it. Just think about it. But think about how like the bit in the horse's mouth, the words that we use can actually begin to change our lives. In the same way all those negative things can keep you in a kind of negative spiral, I think that even saying stuff like I'm lucky, but just talking about good things that's happening in your life, I think can begin to kind of bring you out of a rut sometimes. So maybe it actually is true that although we want to change on the inside, sometimes that change comes with changing the way we speak. James goes on to say "or take ships as an example. Although they are so large and are driven by strong winds, they're steered by a very small rudder wherever the pilot wants to go." Again, in the same way that the bridle guides the horse, the rudder guides the ship. You have these gigantic, beautiful ships with all this rigging, weight, cargo, wind, tides, and you have this tiny invisible thing, this rudder under the water that really guides the whole deal. I'm always so amazed. I love to go to the mouth of the harbor in Newport and just have a cup of coffee and think and pray, and I'm always so amazed when you see a sailboat tacking into the wind. You know what that means? A sailboat can go straight into the wind by zigzagging. And so these hardcore sailors in Newport, they don't want to turn their little motor on cause they want to brag; no, they probably want to show off their boat to everybody because it's beautiful boats, but you see them and you think, are they even going anywhere because it kind of looks like they're just kind of going back and forth. But even though they're going like slower than a walking pace, you see them, and they exit the harbor just kind of doing this. If they didn't have a rudder, there's no way they could do that. So, the wind pushes against them, pushing force against the rudder, which propels the boat forward. In fact, the only thing that would keep that boat from not going in that direction would be no wind. And many times, this is true in our lives. Marcus Aurelius said that we want to be like fire where we thrive on obstacles. And if there's no more obstacles left, we're not moving forward anymore. In the same way that the ship doesn't move forward anymore if there's no wind, but the thing that guides it is the words. Maybe you're going through something right now, you're just being pummeled by wind and tides, those things can actually be power for you IF you got your rudder right. IF you control your words. If you're using the right kind of words. Stop saying the bad stuff, start saying the good stuff. And its training, like any other skill. And then finally he says, James, "likewise the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark. The tongue is also a fire, a world of evil among the evil parts of the body. It corrupts the whole body, sets the whole course of one's life on fire, and it is itself set on fire by hell." I almost picture the imagery of like spit, that the little droplets of spit that come out are almost like when you're talking, especially when you have contempt or deception, that that can be like little sparks coming out of your mouth, and that it's just being like reckless; it's like smoking a cigarette at the gas station, or having a cigar while walking through wooded brush that's all dry. It's just so reckless and foolish that it's so easy to just destroy everything. You don't think words can destroy your life? You need to call your attorney. He'll let you know! You don't think words can destroy your life? Next time your wife is exhausted, and she's just put the kids down, tell her to try harder. Words can easily destroy anybody's life, doesn't matter how powerful you are. I can think of a list of ten words, at least, I could say right now without context at all and if I said them.

Say to this Mountain: 'Move!'

The ministry would be over. Isn't that unbelievable? I mean I really can. I wouldn't say them. Because if I said them, it would validate some dark thing, but there are words that you can say without a sentence, even, that can ruin your life. There are these things you just don't say. And then James goes on to say "all kinds of animals and birds and reptiles and sea creatures are being tamed and have been tamed by mankind, but no human being can tame the tongue. It's a restless evil full of deadly poison." So, he's wanting you to be weary of words and almost at fear with the deadly power as you would teaching a child to light a fire, be careful. He goes on to say "with the tongue we praise our Lord and Father, and with it we curse human beings who have been made in God's likeness. Out of the same mouth come praise and cursing. My brothers and sisters, this should not be. Can both fresh water and saltwater flow from the same spring? My brothers and sisters, can a fig tree bear olives or a grape vine bear figs? Neither can a salt spring produce fresh water." You know what he's saying? If half the time you're praising God and saying positive things, and the other half of the time you're deceiving, cursing, putting people down, people will be insulted by your good words because they know its fake. You're either salt water or you're fresh water. If in public, if to your friend's face, you're saying good things, and then you're saying bad things about someone else who's not there, if your friend has any wisdom at all, they will know that once you leave, you're going to be saying bad things about them. And that's kind of, yes, you get it. All right, words are dangerous. So just hear me out, guys. We're going to spend the next three weeks talking about the power of words, how words can change your life, but just, if you don't give me a second chance next week to preach the second part of the sermon, I want you to do something for me. I want you to understand that what the word is teaching us here is that the words that we speak aren't necessarily a reflection of what's inside, although they can be, but rather that the words we speak are our decision for who we want to become. What we choose to say out loud, we are almost casting a vision for our lives. That what we say out loud over time, over a long enough time, will begin to change what's within. If there's a lot of darkness and negativity on the inside, but you choose to become more positive in the words that you're saying, I believe that you'll begin to feel more positive in your life. There are many ways that this rolls out, but I want to promise you that the word of God is true here. That like a bit in a horse's mouth, like a rudder on a sailing ship, that what you begin to speak in your marriage, in your friendships, in your career, in your walk with God, in your prayer life will make a difference! When I pray, I want to pray out loud. You know why? Because Satan can't read my mind. I want him to hear the things I'm saying to the Lord. I want him to know what I believe, I want him to hear the screeching name of Jesus, that's what it is for a demon or for the enemy. My mom said when I was a kid once, she said, and I never forgot it. If you ever feel like there's a dark presence, just start praising Jesus because he hates hearing the name of Jesus worship. I can't tell you how many times as a grown man who thinks he's tough and all that stuff, and its three o'clock in the morning and I'm feeling scared, you just go, you just say, I just sing. (BOBBY SINGS – tis so sweet to trust in Jesus, just to take Him at His word.) And if it doesn't work, Haven, you got to turn it up. (BOBBY SINGS – Jesus, Jesus how I trust Him). Right? You feel it go away because you're choosing that what you say out loud is going to change the space around me, and it's going to change me. You can choose what to say and what not to say. You can do that. And if it's true that what you say changes your life, you can choose where your life is going to go by changing how you're going to speak. Thank you, amen. So don't use foolish words. Don't throw words around carelessly. Don't deceive. Don't use trickery in your language. Don't ever have contempt for people. Just respect everybody. Thank people for what they're doing in your life. Say it out loud to them or write it down on a card for them. Pray for people. When people are going through a tough time and they're having a rough day, ask them if you can pray for them. If you feel awkward praying for people, you're the right person to pray for people because you'll do it in a way that doesn't make people feel weird. It'll be meaningful for them, so pray for people. Take a leap and encourage people, most of all. Just encourage them and you'll find that you yourself are feeling a little encouraged, too. Lord, we love you and we thank you for giving us this amazing gift of words; words that are spoken, words that are written, words that are memorized. We pray that you would sanctify our words. Let them be words that bring life and not death. Let them be words of wisdom and not folly. Let them be words of goodness and not evil. Let us, God, to always speak in the right way to the people we love, and even to the people we don't love. Help us, God, to understand the creative and destructive power of words, and we pray it all in Jesus' name, amen.